



# ADVISING WORKSHEET: PSYCHOLOGY & COUNSELING

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## GENERAL NOTES

- A minimum of 123 credits are required for graduation.
- Credits earned for COM 100 and MAT 100 do not count toward the 123 credits required for graduation; however, COM 100 students may petition for elective credit.
- Where appropriate, courses required for the major can be used to satisfy General Education requirements. However, the number of credits earned for these courses are applied to either Gen Ed requirements or the major, not both.
- Paths of Knowledge coursework may count towards major or minor requirements, but may not fulfill a second Mid-Level Liberal Arts Exploration requirement.
- Students are expected to follow the catalog requirements for General Education, the major, and additional requirements.
- A minor or second major within the areas listed under Paths of Knowledge automatically fulfills that area of the Gen Ed requirements.

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## MAJOR NOTES

BIO 109 is recommended. MAT 208 is the required Math course.

**CLEARANCES:** In the semester before the practicum, the student must obtain appropriate background clearances. If the clearances are not on file in the Psychology & Counseling Department prior to the first day of the semester, the student will not be allowed to enroll in the practicum. If the student fails a clearance, the course instructor will attempt to place the student in a practicum which does not require a clearance. The practicum agency makes the final decision regarding acceptance of a student with their organization.

Any student participating in an experiential component of the program (ex. Research with a faculty member, service-learning course, volunteer experience) may be required to obtain background clearances prior to participating.

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## OPPORTUNITIES FOR MAJORS

### Psychology Club

The Psychology Club promotes interest in psychology and provides students with the opportunity to associate with other individuals who share similar interests. The club is open to all full-time students at Alvernia University and is a recognized organization of the Student Government Association. The Club sponsors lectures, career talks, get-togethers, Christmas on Campus, and service projects at area agencies. Dr. Erin Way, the faculty advisor, can be reached at [erin.way@alvernia.edu](mailto:erin.way@alvernia.edu) or by telephone at 610-685-3257. You may also contact the Psychology Club officers through PAX.

### PSI CHI International Honor Society

Psi Chi is an International Honor Society whose purpose is to encourage, stimulate and maintain excellence in scholarship of the individual members in all fields, particularly in psychology, and to advance the science of psychology. Psi Chi sponsors speakers on campus, organizes trips to psychology conventions, and hosts informal discussion groups to discuss graduate work and careers in psychology. The advisor, Dr. Di You, can be reached by email at [di.you@alvernia.edu](mailto:di.you@alvernia.edu) or by telephone at 610-796-8354.

### The Washington Center Experience

Alvernia students have an opportunity to earn college credit by spending a semester or summer in Washington, D.C. where they serve as interns in a congressional office, government agency, major corporation, newspaper or news network, or agencies devoted to legal affairs, international relations, or business and economics. They also may intern with one of several non-profit groups dealing with the environment, women's issues, the arts, education, science, or labor relations among others. Participants are customarily juniors or seniors who have achieved grade point averages of 2.5 or better and who have the endorsement of the appropriate academic area. In addition to their internship, students select one seminar dealing with the arts and humanities, communication, public policy, the legal system, business, and government. Interested students should see their academic advisor.

## General Education (54-55 credits)

First Year Curriculum: Enduring Questions	Credits Required	Course	Term	Grade	Credits Earned
SEARCH Seminar-Enduring Questions or Honor Search-Enduring Questions	3	SRH 101/ HNR 160			
COM 101: Composition & Research (Must earn a C or higher)	3	COM 101			
THE 105: Foundations of Theology	3	THE 105			
PHI 105: Introduction to Philosophy	3	PHI 105			

Mid-Level Liberal Arts Exploration	Credits Required	Course	Term	Grade	Credits Earned
<b>EXPLORING THE NATURAL WORLD (6-7 credits)</b>					
Lab Science (Biology, Chemistry, Physics) <i>BIO 109 is recommended</i>	3-4				
Math <b>MAT 208 required</b>	3	MAT 208			
<b>INDIVIDUALS &amp; COMMUNITIES (6 credits)</b>					
History or Political Science	3				
PSY 101, HIS, POS, SOC, SSC, or ECON <b>PSY 101</b>	3	Met in Major Requirements			
<b>CULTURE &amp; LANGUAGE (9 credits)</b>					
Communication (Not COM 100 or 101)	3				
World Language – 2 courses in sequence	3				
	3				
<b>CREATIVE EXPRESSIONS (6 credits)</b>					
Literature (ENG)	3				
Art, Music, or Theatre	3				
Ethical Leaders and Followers	Credits Required	Course	Term	Grade	Credits Earned
Theology or Philosophy (200-400 level)	3				
Philosophy (ethics/morality @ 200 level)	3				

Paths of Knowledge – Choose 1 Path		POK may count towards minor or Related Requirements, but not Mid-Level Arts Exploration requirements.			
<p><b>_____PATH 1:</b> <b>Interdisciplinary Study (IS)</b> Three courses, at least two from Liberal Arts disciplines, not the major, at the 200-400 level from the interdisciplinary minors of Women &amp; Gender Studies, Digital Media, Community &amp; Environmental Sustainability, Community Engagement, Cultural Studies, Leadership Studies or Pre-Law.</p>	<p><b>_____PATH 2:</b> <b>Multi-disciplinary Study (MS)</b> Three courses, at least two from Liberal Arts disciplines, not the major, at the 200-400 level employing multiple disciplinary perspectives to explore the Enduring Questions in one of the following themes: Cultural &amp; Global Studies, Imagination &amp; Creativity, Peace &amp; Conflict, Poverty &amp; Wealth or Sustainability, Science &amp; Technology.</p>	<p><b>_____PATH 3:</b> <b>In-depth Disciplinary Study (DS)</b> Three courses at the 200-400 level in one Liberal Arts discipline other than one's major, guided by common ideas and methods of inquiry. Students choose from Art, Biology, Chemistry, Communication, Computer Science, Economics, English, History, Mathematics, Music, Philosophy, Political Science, Psychology, Sociology, Theology, Theatre or World Languages. This path may be used to give students a firm foundation in a discipline supporting their chosen major, or to pursue an interest in one of the Liberal Arts disciplines.</p>			
<b>Course (See Catalog for lists of approved courses for each area.)</b>		<b>Area or Discipline</b>	<b>Term</b>	<b>Grade</b>	<b>Credits Earned</b>

## BS PSYCHOLOGY (50 credits)

REQUIRED COURSES (29 credits)					
Course	Pre-Requisites	Co-Requisites	Term	Grade	Credits
PSY 101: Introduction to Psychology					3
PSY 130: Exploring Research	PSY 101; Psychology majors only				3
PSY 208: Human Development Across the Lifespan	PSY 101				3
PSY 230: Applications of Research	PSY 101; PSY 130; MAT 208-Pre or Co-Requisite	MAT 208			3
PSY 250: Introduction to Psychopathology	PSY 101				3
PSY 301: History and Systems in Psychology	PSY 101; Psychology major only				3
PSY 314: Applications of Theories & Techniques	PSY 101; PSY 250				3
PSY 412: Practicum I	senior standing; PSY 101; PSY 314; background checks/clearances	PSY 422			2
PSY 413: Practicum II	senior standing or permission of instructor: PSY 101 and PSY 314; background checks and clearances	PSY 423			2
PSY 422: Ethical and Professional Issues I	PSY 101, Senior PSY major; PHI (Ethics) - Any designated ethics PHI course	PSY 412			2
PSY 423: Ethical and Professional II	PSY 101, Senior PSY major; PHI (Ethics) - Any designated ethics PHI course	PSY 413			2
REQUIRED PSYCHOLOGY ELECTIVES (15 credits): Students must complete five additional courses					
Course	Pre-Requisites	Term	Grade	Credits	
PSY 210: Educational Psychology	PSY 101				
PSY 215: Multicultural Issues in Psychology	PSY 101				
PSY 220: Close Relationships	PSY 101				
PSY 303: Psychology of Personality	PSY 101; junior status or permission of instructor				
PSY 306: Group Dynamics					
PSY 308: The Psychology of Gender	PSY 101; junior status or permission of instructor				
PSY 312: Psychology of Play	PSY 101				
PSY 330: Crisis Management in the Mental Health Field	PSY 101; junior status or permission of instructor				
PSY 350: Industrial & Organizational Psychology	PSY 101; junior status or permission of instructor				
PSY 405: Social Psychology	PSY 101; senior status or permission of instructor				
PSY 408: Senior Seminar	senior status OR permission of instructor				
PSY 430: Forensic Psychology	PSY 101; senior status or permission of instructor				
PSY 440: Sports Psychology	PSY 101; senior status or permission of instructor				
PSY 450: Professional Ethics for the Helping Professional (student earning credit for this course may not earn credit for either PSY 422 or PSY 423)	PSY 101				
PSY 406: Special Topics: Psy Lab	Permission of instructor				
RELATED REQUIREMENTS (6 credits)					
Course	Term	Grade	Credits		
MAT 208: Introductory Statistics	Met in Gen Ed		3		
PHI (Ethics) Any designated Ethics PHI course	Met in Gen Ed		3		

## Eight Semester Plan PSYCHOLOGY & COUNSELING

The below is not intended to represent a prescribed course progression

Semester 1	Credits	Semester 2	Credits
SRH 101: Search Sem-Enduring Questions or HNR 160: Honor Search-Enduring Questions	3	PSY 130: Exploring Research (must be taken before PSY 230)	3
COM 101: Composition and Research	3	BIO 109: Human Biology (recommended)	3
PSY 101: Introductory Psychology	3	THE 105 or PHI 105	3
THE 105 or PHI 105	3	MAT 208: Statistics	3
Gen Ed SEARCH	3	PSY Elective or Gen Ed SEARCH	3
TOTAL	15	TOTAL	15
Semester 3	Credits	Semester 4	Credits
PSY 208: Human Dev. Across the Lifespan	3	PSY 250: Intro to Psychopathology	3
PSY 230: Applications of Research (Pre-req: PSY 130 /Pre-req or Co-req: MAT 208)	3	Gen Ed SEARCH	3
Gen Ed SEARCH	3	Gen Ed SEARCH	3
Gen Ed SEARCH	3	Gen Ed SEARCH	3
Gen Ed SEARCH	3	ELECTIVE	3
TOTAL	15	TOTAL	15
Semester 5	Credits	Semester 6	Credits
PSY 301: History & Systems Offered <b>Fall only</b>	3	PSY 314: Application of Theories & Tech. <b>Spring only</b>	3
PSY ELECTIVE	3	PSY ELECTIVE	3
PSY ELECTIVE	3	PSY ELECTIVE	3
Gen Ed SEARCH	3	Gen Ed SEARCH	3
Gen Ed SEARCH	3	ELECTIVE	3
ELECTIVE	1	TOTAL	15
TOTAL	16	TOTAL	15
Semester 7	Credits	Semester 8	Credits
PSY 412: Practicum I	2	PSY 413: Practicum II	2
PSY 422: Ethical and Professional Issues I	2	PSY 423: Ethical and Professional Issue II	2
PSY ELECTIVE or ELECTIVE (IF PSY electives are completed)	3	ELECTIVE	3
ELECTIVE	3	ELECTIVE	3
ELECTIVE	3	ELECTIVE	3
ELECTIVE	3	TOTAL	16
TOTAL	16	TOTAL	16
ADDITIONAL GRADUATION REQUIREMENTS	RESIDENCY REQUIREMENTS	GRADUATION CREDITS EARNED	
___ SRH 101/HNR 160: Search Seminar- Enduring Questions	___ Minimum of 123 non-remedial credits earned	Liberal Arts Core credits earned	
___ HUMAN DIVERSITY	___ 45 of last 60 credits	Major and Related Area credits earned	
___ COMMUNITY SERVICE HOURS	___ Minimum of 12 Alvernia credits in the major	Elective and/or Minor credits earned	
___ OVERALL GPA = 2.0 or higher	___ Minimum of 9 Alvernia credits in the minor (if applicable)	SUBTOTAL	
___ GPA IN MAJOR = 2.0 or higher		SUBTRACT CREDITS EARNED FOR MAT 100, and if applicable COM 100	
___ SENIOR CAPSTONE met with PSY 422		<b>TOTAL GRADUATION CREDITS</b>	
___ WRITING ENHANCED COURSE met w/ PSY 230			

### Academic Policy on Eligibility for Participation of May Commencement Ceremony

The academic policy, which the Registrar follows, is: A student who has 6 or less credits remaining to complete the degree may participate in the May Commencement Ceremony.

**Application Deadlines:** August Graduation - December 1; December Graduation - March 1; May Graduation - October 1.

Any questions, please call the Registrar's Office.