

Bachelor of Science Health Science - Pre-Athletic Training

(Applies to Students enrolling during the Academic Year beginning in August 2026) Total Credits in Program: 126

Semester 1	Cr	Semester 2	Cr
0		0	
AT 101 Intro to Athletic Training	2	AT 113 Emergency Response	3
SRH 101/HNR 106 - SEARCH	3	PSY 101 Introductory Psychology – GENERAL EDUCATION	3
CHE 104 General Chemistry	3	COM 101 GENERAL EDUCATION/SEARCH	3
CHE 110 General Chemistry I Lab	1	Language & Global Cultures or GENERAL EDUCATION	3
Language & Global Cultures or GENERAL EDUCATION	3	THE 105 or PHI 105 – GENERAL EDUCATION	3
THE 105 or PHI 105 – General Education/Search	3		
Complete 5 hours of Community Service		Complete 5 hours of Community Service	
TOTAL CREDITS	15	TOTAL CREDITS	15
Semester 3	Cr	Semester 4	Cr
PSY 208 Human Development Across the Lifespan	3	HCS 320 Healthcare Science & Cultural Competency	3
BIO 107/117 Anatomy and Physiology I with Lab	4	THE 210 (Recommended) - 200 LEVEL ETHICS GEN ED	3
THE/PHI 200-400 LEVEL – GENERAL EDUCATION	3	LIT – GENERAL EDUCATION	3
ART/MUS/THR – GEN EDUCATION	3	BIO 108/118 Anatomy and Physiology II with Lab	4
COM – GENERAL EDUCATION	3	AT 222 Care and Prevention	3
		AT 222L Care and Prevention Lab	0
Complete 5 hours of Community Service		Complete 5 hours of Community Service	
TOTAL CREDITS	16	TOTAL CREDITS	16
Semester 5	Cr	Semester 6	Cr
EXS 433 Exercise Physiology	3	EXS 310 Psychology of Sport and Exercise	3
BIO 208 Neuroscience for rehabilitation – GEN ED	3	HCS 330 Healthcare Literacy and Advocacy	3
BIO 217 Sports Nutrition/Nutrition for Exercise and Wellness	3	BIO 211 Kinesiology with Lab – GEN ED	4
PHY 110 General Physics WITH LAB	4	EXS 365 Exercise Testing and Assessment	3
MAT 208 Statistics – GENERAL EDUCATION	3	AT 390 AT Clinical Seminar – Capstone	1
		ELECTIVE	3
Complete 5 hours of Community Service		Complete 5 hours of Community Service	
TOTAL CREDITS	16	TOTAL CREDITS	17
Semester 7	Cr	Semester 8	Cr
AT 510 Athletic Training Clinical Procedures*	3	AT 511 Athletic Training Clinical Procedures II*	3
AT 520 Athletic Training Clinical practicum I (Clinical Evaluation and Pathology I Lower Extremity)*	7	AT 521 Athletic Training Clinical Practicum 2 (Clinical Evaluation and Pathology 2: Upper Extremity)*	7
AT 500 Gross Anatomy*	5	HIS/POS – GENERAL EDUCATION	3
AT 500 Gross Anatomy Lab*	3	COR 520 Ethics & Moral Leadership	3
Complete 5 hours of Community Service		Complete 5 hours of Community Service	
TOTAL CREDITS	18	TOTAL CREDITS	16

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Student Notes

- Students must enroll in courses required for second majors and minors when available, as shown in the Academic Completion Plans. Academic Completion Plans may not be accurate for declared second majors, depending upon the semester you declare. Completion of such additional major(s) could increase time to degree completion.
- You must meet with your minor advisor and consult the published Course Rotation Schedules to determine when the necessary classes are offered for your minor. You may not add additional time to degree completion beyond the completion of your major courses to complete the minor. Graduation may not be delayed after major requirements are met to complete a minor. Students making the decision to complete a minor or additional major may incur additional costs, financial aid adjustments, and elongated time to graduation (when such elongation is not prohibited by financial aid considerations).
- The Alvernia 15.4460 Graduation Policy published on Alvernia's policy webpage and the current Alvernia Course Catalog detail graduation requirements, honors at graduation, and eligibility to participate in the Commencement Ceremony.
- The Graduation Application is available on-line in myAlvernia in the 'Student Resources' tab under 'Registrar's Office'. Seniors must submit the online Graduation Application form by the following applicable date: October 1 for May Graduation; December 1 for August graduation; and March 1 for December graduation.

Advising Notes for Students, Faculty, Navigators and GAE Student Success Advisors

Course Catalogs (published on Alvernia's webpage)

Students must refer to the Course Catalog for the year they enrolled (matriculated) at Alvernia for program requirements. Students may elect to move to a later year with permission from the Department Chair and Dean by completing and submitting the published online form to the Registrar. General academic policies in the Course Catalog may be revised by Alvernia during a student's student's matriculation based on continuously improved practices or federal and state laws and regulations. All such changes will apply to students regardless of matriculation year.

Academic Completion Plans & Course Rotation Schedules (published on myAlvernia)

Academic Completion Plans (formerly 8-semester plans) provide the course timing by semester for each program. Course Rotation Schedules provide multi-year information listing specific course offerings by term. Courses will be scheduled based on the Academic Completion Plans and students must enroll in the specific courses listed during the semester indicated.

AUAdvise (available on myAlvernia logins)

Degree Audit uAchieve remains the official source for each student's curriculum audit and provides the opportunity to use the "what if" function to run scenarios for major changes or additions of minors.

EAB Navigate (available on myAlvernia for faculty and advisors, on app for students)

EAB Navigate is the official tool that faculty, advisors, navigators, GAE Student Success Advisors and administrators use for alerts as well as student meetings and advising session discussion notes. This tool, together with the student's degree audit from uAchieve comprise the student file that follows the student throughout their matriculation and is accessible by advisors, navigators, and other administrators for official purposes.

Additional Program Requirements and Progression Notes

HCS320 Healthcare Science and Cultural Competency fulfills the University Human Diversity Requirement.

Language & Global Cultures must be taken in either semester 1 or semester 2

* Credits applied to the BS in Health Sciences - Pre-Athletic Training