Behavioral Health | Major, Minor
Behavioral Health | Certificate

PROGRAM HIGHLIGHTS IN BRIEF
The Behavioral Health degree is one of the most versatile degrees found at the college or university level. It was established to provide a core of expertise for those individuals seeking administrative, counseling, and casework positions in areas such as Addiction Studies, Mental Illness, and Child Welfare. This unique yet expansive major is the outgrowth of community agencies needing to employ individuals with a broader base of expertise. This degree, with its different areas of concentration, is designed to build the professional competence needed to address today's various and complex issues.

Students who major in Behavioral Health will find their educational experience both enriching and enjoyable. Through the use of community-based adjunct faculty “real time” information and experience is presented to the student, allowing for lively classroom discussion and bringing to life traditional textbook material. Our faculty includes national educators and published professionals, as well as top-level administrators who are actively involved with changes occurring in behavioral healthcare. Students are able to complement their classroom education with two field placements in licensed or state-approved programs, facilities and/or agencies. Such placements give the Behavioral Health major valuable exposure to the work environment prior to graduation.

Students intending to pursue a career as a licensed professional counselor will need to meet additional graduate and licensure requirements. At Alvernia University, students intending to continue into the Masters of Arts in Community Counseling (MAAC) Program are required to take PSY 101, PSY 403, and a Statistics or Research Methods course.

AREAS OF CONCENTRATION
The Behavioral Health curriculum provides both theoretical and practical training for professional roles in three major areas of concentration.

• **Addiction Studies:** Alvernia’s degree focusing on Addiction Studies was one of the first of its kind in the United States. Students who pursue this concentration find the subject area extremely relevant, challenging and rewarding in their quest to understand one of society’s major problems.

• **Mental Health:** This concentration provides a core of expertise and experience for students who wish to find employment in mental health clinics and centers immediately after graduation. Its chemical dependency component increases graduates’ job readiness.

• **Child Welfare:** This challenging yet rewarding area will provide students with the essential knowledge to address the problem of child maltreatment. Abuse and neglect investigation, in-home services, out-of-home placement, adoption, and parenting education are just a few of the multiple employment opportunities that await graduates in this concentration area.

CAREER SUCCESS
Behavioral Health graduates find employment in inpatient and outpatient rehabilitation centers, hospitals, corporate employee assistance programs, prevention and intervention centers, and other social agencies. The Behavioral Health program maintains an excellent employment placement rate. The Career Services Office can provide assistance with resume preparation, interviewing, and job searches.

CAREER OPPORTUNITIES
| Addiction Counseling | Inpatient and Halfway House Programs |
| Case Management | Hospital Detoxification Programs |
| Child Welfare and Related Agencies | Methadone Centers |
| Community-based Prevention/Education Programs | Prevention/Education |
| Drug and Alcohol Outpatient Programs | Probation/Parole |

ALPHA SIGMA LAMBDA
Alpha Sigma Lambda is the premier national honor society for nontraditional adult students. Its aim is to recognize the special achievements of adults who accomplish academic excellence while facing competing interests of home and work. For the nontraditional student, the Society stands as an inspiration for continuing scholastic growth, and is a builder of pride through recognition. The Alvernia University ASL Chapter serves as a vehicle for imparting appreciation for adult students’ academic achievements and contributions. To this day Alpha Sigma Lambda is not only the oldest, but also the largest, chapter-based honor society for full- and part-time students.
CERTIFICATION
All courses are approved by the Pennsylvania Certification Board (PCB), the foremost drug and alcohol credentialing organization in Pennsylvania. Coursework from the Behavioral Health Studies program can be used to fulfill Pennsylvania Certification Board (PCB) requirements for certification and re-certification of addiction counselors. Students from outside Pennsylvania should contact the CAC board in their state for information about requirements and the certification process.

CURRICULUM OVERVIEW

**BA/Behavioral Health Major (54 credits)**
* Liberal Arts Core (54/55 credits)*
* General Elective requirements (as needed)**

**BH Major Requirements (54 credits)**
* BH Core Requirements in Major (36 credits)
  * BH 201 Foundations of Chemical Dependency
  * BH 202  Origins of Mental Illness
  * BH 204 Counseling Theories
  * BH 230 Assessment and Evaluation
  * BH 303 Counseling Techniques I
  * BH 330 Crisis Intervention
  * BH 402 Management of Human Service Agencies
  * BH Practicums
  * PSTY 101 Introductory Psychology

Choose 4 courses within one required area of concentration (12 credits)

**Addiction Studies Concentration**
* BH 203 Neuropharmacology
* BH 220 Prevention and Intervention Services
* BH 240 Addictive Behaviors
* BH 304 Counseling Techniques II
* BH 305 Group Counseling I
* BH 306 Group Counseling II
* BH 400 Marriage and Family Counseling
* BH 411 Counseling Special Populations -OR-
  * BH 413 Special Issues Seminar
* BH 414 Emotional and Behavioral Pathology

**Mental Health Concentration (continued)**
* BH 306 Group Counseling II
* BH 400 Marriage and Family Counseling
* BH 411 Counseling Special Populations -OR-
  * BH 413 Special Issues Seminar
* BH 414 Emotional and Behavioral Pathology

**Child Welfare Concentration**
* SW 201 Introduction to Social Work
* SW 202 Social Services to Children
* SW 301 Social Welfare
* CJ 101 Introduction to Criminal Justice
* CJ 175 Fundamentals of Criminal Investigation
* CJ 272 Probation and Parole -OR-
  * CJ 274 Corrections and Rehabilitation
* BH 300 Case Management
* BH 411 Counseling Special Populations -OR-
  * BH 413 Special Issues Seminar

**Mental Health Concentration (continued)**

Choose 4 courses within one required area of concentration (12 credits)

**Behavioral Health Minor/Certificate**
* Required Course Courses (15 credits)
  * BH 201 Foundations of Chemical Dependency
  * BH 202 Origins of Mental Illness
  * BH 204 Management of Human Service Agencies
  * BH 303 Counseling Techniques I
  * BH 330 Crisis Intervention

* Required Elective Courses (6 credits)
  * BH ___ Elective from one area of concentration

Note: Advisors can tell you whether you can get credit for your life experience applied toward your degree.

*Students entering the program with 70+ credits or an associates degree must complete 30/31 Liberal Arts Core credits.

**A total of 123 credits including 3 credits in a human diversity course are required to complete a Bachelor’s degree. To adhere to Franciscan Values, community service hours are also required. In addition, at least 30 credits at the 300/400 level must be taken at Alvernia University.

CONTACT INFORMATION
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