ADVISING WORKSHEET FOR HEALTH CARE SCIENCE

GENERAL NOTES

A minimum of 123 credits are required for graduation.

Credits earned for COM 100 and MAT 100 do not count toward the 123 credits required for graduation.

Where appropriate, courses required for the major can be used to satisfy Foundation requirements or Area I requirements. However, the credits earned for these courses are applied to *either* the Core or the major, not both.

Area II can be satisfied with courses from the related area in certain majors but not the required major courses themselves. The credits earned for these courses are applied to *either* the Core or the major, not both.

Students are expected to follow the catalogue requirements for the major, the core, and additional requirements.

A minor or second major completed in an area included in Area II automatically fulfills that part of the Core.

CAREER OPPORTUNITIES FOR MAJORS

The Healthcare Sciences are concerned with the development of knowledge and programs related to promoting the health and well-being of individuals, groups, and communities. Healthcare Science majors will be prepared to enter a broad array of health-related fields, including healthcare agencies, medical care settings, community health, and advocacy, or pursue advanced study in graduate or professional schools. Entry-level fields may include roles in health counseling or advocacy, science and health writing, policy analysis, and program development, as well as work in government agencies or with consumer groups, healthcare agencies.

THE LIBERAL ARTS CORE (54-55 CREDITS)

FOUNDATION COURSES	Required credits	Course Taken	Term	Grade	Credits Earned
COM 101 (must earn a C or higher)	3	COM 101			
COMMUNICATION (not COM 100 or 101)	3				
LITERATURE	3				
MATHEMATICS (any MAT course other than MAT 100)	3-4				
ART/ MUSIC/THEATRE	3				
SOCIAL SCIENCE (BH 102, BH 201, CJ 275, POS, PSY, SOC, SSC)	3	PSY 101			
HISTORY	3				
FOREIGN LANGUAGE (2 courses in sequence in the same language)	3				
	3				
SCIENCE (must take accompanying lab or course with a lab component) ***BIO 107/117, BIO 115/116, or BIO 109 recommended***	3-4				
PHI 105: Introduction to Philosophy	3	PHI 105			
THE 105: Foundations of Theology	3	THE 105			
PED 304: Wellness for Life	3	MET IN MAJOR			

AREA I (courses must be at the 200-400 level)	Required credits	Course Taken	Term	Grade	Credits Earned
THEOLOGY or PHILOSOPHY	3				
ETHICS/MORALITY: One course from: THE 200, THE 210, THE 225, PHI 200, PHI 210, PHI 220; or special topics and other courses that fulfill this requirement.	3				

AREA II (courses must be at the 200-400 level; must <u>not</u> be from the primary major)	Required credits	Course Taken	Term	Grade	Credits Earned
Students must take 3 courses <u>(not from the primary major)</u> from any one of the following: Art, Biology, Chemistry, Communications, Economics, Foreign Language, History, Literature, Mathematics, Music, Philosophy, Political Science, Psychology, Sociology, Theology	3				
	3				
	3				

ADDITIONAL GRADUATION REQUIREMENTS	RESIDENCY REQUIREMENTS
___ COL 110/160: FIRST YEAR SEMINAR	___ Minimum of 123 non-remedial credits earned
___ HUMAN DIVERSITY	___ 45 of last 60 credits
___ COMMUNITY SERVICE HOURS	___ Minimum of 12 Alvernia credits in the major
___ OVERALL GPA = 2.5	___ Minimum of 9 Alvernia credits in the minor (if applicable)
___ GPA IN MAJOR = 2.5	

GRADUATION CREDITS EARNED	TOTAL
Liberal Arts Core credits earned	
Major and Related Area credits earned	
Elective and/or Minor credits earned	
SUBTOTAL	
SUBTRACT CREDITS EARNED FOR MAT 100, COM 100	
TOTAL GRADUATION CREDITS	

BS HEALTH CARE SCIENCE (52-53 credits)

REQUIRED MAJOR COURSES (30 CREDITS)				
Course	**Pre-Requisites**	**Term**	**Grade**	**Credits**
HCS 200: Foundations of Healthcare Science				
HCS 300: Writing for the Healthcare Sciences	HS 200, COM 101			
HCS 310: Healthcare Science Literacy & Advocacy	HS 200, COM 101			
HCS 320: Healthcare Science & Cultural Competency				
HCS 330: Health & Wellness over the Life Span	HS 200			
HCS 340: Healthcare Science Management	HS 200, COM 101			
HCS 400: Healthcare Systems & Policy	HS 200			
HCS 410: Community Healthcare Organization & Administration	HS 200, COM 101			
HCS 420: Current Issues in Healthcare Science	HS 200, COM 101			
HCS 430: Capstone	Senior standing			

RELATED REQUIREMENTS (12CREDITS)				
Course	**Pre-Requisite**	**Term**	**Grade**	**Credits**
BIO 216: Nutrition	BIO 117/107, 108/118, or instructor permission			
BIO 410: Pathology	BIO 117/107, 108/118, or instructor permission			
SOC 111: Introduction to Sociology				
PSY 208: Human Development	PSY 101			

REQUIRED ELECTIVES: Select 5 courses (15 credits) from the following:			
Course	**Pre-Req**	**Course**	**Pre-Req**
AT/PED 113: Emergency Response		BIO 208: Neuroscience	
BH 102: Substance Abuse & Society		BIO 211: Kinesiology	
BH 201: Foundations of Addictions		BIO 405: Pharmacology	
BH 202: Origins of Mental Illness		BUS 101: Financial Accounting	
BH 203: Neuropharmacology		BUS 200: Managerial Accounting	BUS 101
BH 240: Addictive Behaviors		BUS 206: Management Principles	
BH 330: Crisis Intervention		BUS 207: Marketing Principles	
BH 402: Management of Human Service Agencies		BUS 324: Consumer Behavior	
BIO 203: Environmental Issues		BUS 350: Industrial & Organizational Psych.	
COM 131: Writing for the Media		SM 201: Introduction to Sport Management	
COM 213: Interpersonal Communication		MUS 220: Music and Health	
COM 344: Writing for the Workplace		MUS 222: Multicultural Music	
COM 234: Intercultural Communication		SW 203: Process of Aging	
SW 209: Death, Dying, and Bereavement		SW 231: Culturally Sensitive Human Service Practice	

ELECTIVES or MINOR as required for the minimum 123 credits required for graduation (not including COM 100 or MAT 100)				
Course	Pre-Requisite	**Term**	**Grade**	**Credits**

EIGHT SEMESTER PLAN

The following is not meant to be prescriptive. Work with your advisor to determine which courses to take during specific semesters.

Semester 1		**Semester 2**	
COL 110/HNR 160: First Year Seminar	2	PSY 101 or SOC 111	3
COM 101: Composition and Research	3	CORE: PHI 105	3
PSY 101 or SOC 111	3	CORE	3
CORE: THE 105	3	CORE	3
CORE	3	HUMAN BIOLOGY 100-LEVEL (BIO 107/117) recommended	3-4
CORE	3		
TOTAL	17	TOTAL	15-16
Semester 3		**Semester 4**	
PSY 208: Developmental Psychology	3	HCS 200: Foundations Healthcare Science	3
CORE	3	MAT 208: Introductory Statistics	4
CORE	3	CORE	3
ELECTIVE	3	200 LEVEL ETHICS COURSE	3
ELECTIVE	3	ELECTIVE	3
TOTAL	15	TOTAL	16
Semester 5		**Semester 6**	
HCS 300: Writing for Healthcare Science	3	HCS 320: Healthcare Science/Cultural Compt.	3
HCS 310: Health & Wellness over the Life Span	3	HCS 330: Healthcare Literacy & Advocacy	3
BIO 216: Nutrition	3	HCS 340: Healthcare Science Management	3
CORE	3	CORE	3
ELECTIVE	3	ELECTIVE	3
TOTAL	15	TOTAL	15
Semester 7		**Semester 8**	
HCS 400: Healthcare Systems & Policy	3	HCS 420: Current Issues in Healthcare Science	3
HCS 410: Community Health Organization & Admin	3	HCS 430: Capstone	3
CORE	3	BIO 410: Pathology	3
ELECTIVE	3	ELECTIVE	3
ELECTIVE		CORE	3
TOTAL	15	TOTAL	15

CAREER READINESS TIME LINE

Freshman Year	• Work on educational planning in FYS • Attend a Career Services spring workshop on resume writing • Look for community service opportunities • Consider working on campus
Sophomore Year	• Make an appointment with Career Development • Attend an internship workshop and learn the basics of finding an internship • Get to know the Career Development Internship Database • Look for a student leadership position on campus
Junior Year	• Get to know the Vault.com, a comprehensive career-services library available on line through the Career Development website • Get information about graduate school • Apply for internships • Make an individual appointment with Career Development to discuss job search strategies
Senior Year	• Polish your resume with Career Development • Search for jobs through Vault.com • Attend etiquette dinners and other interview skill building workshops • Attend the Alvernia Job Fair