

Alvernia Seniors College

Seniors College Administration

Daria Tecco LaTorre, J.D., *Associate Dean*
Sally Reading, *Administrative Director*



Daytime Classes & Activities

Mid Year 2012

January 4 – March 7

610-796-8357

Or visit us on the website:
www.alvernia.edu/academics/seniorscollege

Membership is open to individuals age 55 and over with an interest in learning. Seniors College is a cooperative where members have an opportunity to support its objectives through participation on planning committees or by serving as course instructors. Members are also invited to attend Seniors College social events and activities.

Call 610-796-8357 for information on membership or activities.

Alvernia Seniors College members may take classes at any location. We reserve the right to cancel classes due to insufficient enrollment. Classes may also be cancelled due to inclement weather. Every attempt will be made to schedule a make-up class.

Active membership extends one year from the time of payment. To assist individuals in keeping their membership current, mailing labels contain membership expiration dates located above addressees' names. Dates do not appear above the name of inactive members. Annual membership categories are:

Basic Membership • \$50 annually

Basic Membership PLUS • \$100 annually

Friends • \$150 annually

Benefactor • \$1,500 (lifetime)



△ A convenient shuttle is available from the Alvernia University Upland Center to the courses on the main campus.

MONDAY

Saint Francis and Contemporary Issues - 3 Weeks

Rev. Kevin Queally, T.O.R.

The life and works of St. Francis of Assisi have been used to bring hope to people and places throughout the ages. We will examine what the Franciscan tradition can bring to our generation in the areas of (1) Ecology, (2) peacemaking, and (3) poverty.

Day: Monday
Dates: 2/6,13,20
Time: 10:00 - 11:30 AM
Place: Alvernia University, Student Center/Seminar Rooms
Cost: \$35.00

Marriage and Families from the Bible to Today - 4 Weeks

Dr. Corey Harris

The Judeo-Christian tradition has shaped the western understandings of marriage and family. This course will examine these traditions as they have developed from the biblical period until today.

Day: Monday
Dates: 2/6,13,20,27
Time: 2:30 – 4:00 PM
Place: AU, Student Center/Seminar Rooms
Cost: \$40.00

TUESDAY

Shall We Dance? - 5 Weeks

Jessica Warchal-King

Relive the classic movie musicals and Broadway shows in a new way! This time, you're on center stage! Enjoy the excitement of dance first-hand with Jessica Warchal-King. Learn warm-up routines, dance vocabulary and the art of choreography. Bring your own "flare"!

Day: Tuesday
Dates: 1/31; 2/7,14,21,28
Time: 11:30 AM – 1:00 PM
Place: AU, PED Fitness Center
Cost: \$45.00

The Healing Spirituality of the Twelve Steps – 4 Weeks

Sr. Jean Jacobchik, OSF

Addiction is a common human experience. To identify addiction, embrace brokenness and surrender to God is the beginning of healing and hope. This course will explain how the gospel values contained in the Twelve Steps can help free people from addiction—even the common, less visible addictions that we may all have.

Day: Tuesday
Dates: 2/7/14/21/28
Time: 1:30 - 3:00 PM
Place: AU, Upland Center, Rm. 229
Cost: \$40.00

WEDNESDAY

Bullying and Social Media - 5 Weeks

Dr. Joan Lewis; Dr. Elizabeth Mateo; Dr. Kathleen Musevich; Kelly Kline, Asst. District Attorney; Becca Gregg, Reading Eagle Reporter

Bullying has been part of the social culture of children but has taken on more dramatic and harmful effects with the use of various forms of social media such as the internet, Facebook, texting and instant messaging. Children who are still developing their own moral and social codes are victims and perpetrators of bullying today. This course brings together a team of experts on the subject of bullying. They will share insights about who bullies are, where they come from and how to deal with them.

Day: Wednesday
Dates: 2/8,15,22,29; 3/7
Time: 10:00 – 11:30 AM
Place: AU, Upland Center, Board Room, Rm. 227
Cost: \$45.00

The Politics and Leadership of Modern China – 4 Weeks

Dr. Richard Stichler

Learn about the political leadership of Mao Zedong and Deng Xiaoping and their respective goals for China's economic/political development. A discussion of the classical philosophies of Confucianism and Daoism will provide a context for understanding the practice of political leadership in contemporary China.

Day: Wednesday
Dates: 2/8,15,22,29
Time: 1:00 - 2:30 PM
Place: AU, Upland Center, Board Room, Rm. 227
Cost: \$40.00

THURSDAY

The “FABULOUS FIFTIES” - 3 Weeks

Sam Frankhouser

Relive the Decade of the 1950’s as you happily learn and heartily laugh! In other words, take a fun look at the times, which are often referred to as the “best ten years” of the 20th Century. Were the 50’s really FABULOUS? Find out by taking this class! If you like courses in which you are actively engaged and individually appreciated, you will love this particular class!

Day: Thursday

Dates: 2/2,9,16

Time: 10:00 – 11:30 AM

Place: AU, Upland Center, Community Rm. 103

Cost: \$35.00

World Music Travelogue - 3 Weeks

Carol Schwanger

Carol Schwanger knows the music of the world better than anyone. Let her amaze you with stunning musical samples. Be captivated by her insights into the sounds and people that have shaped the art and cultures of the world.

Day: Thursday

Dates: 2/2,9,16

Time: 11:30 AM – 1:00 PM

Place: AU, Upland Center, Rm. 229

Cost: \$35.00

Odin’s Eye, Thor’s Hammer, and Other Norse Myth-Adventures - 4 Weeks

John Kissinger

The Norse gods are still with us: we use their names every week. Norse mythology is a rich source of images, symbols, stories, and ideas, a cold northern balance to the myths of the Greeks and Romans. We will learn about the Norse myths, their historical background, and what they say to us today.

Day: Thursday

Dates: 2/2,9,16,23

Time: 1:30 – 3:00 PM

Place: AU, Upland Center, Board Room, Rm. 227

Cost: \$40.00

FRIDAY

Coriolanus – 3 Weeks

Marybeth DeMeo

“Still harping on my daughter?” Well, actually no—not in this play where the underlying tension is the mother-son dynamic instead of the father-daughter relationships familiar to us from Romeo and Juliet, Hamlet, Othello, King Lear and all those comedies. Popular rebellions, class warfare, talking points, union busting, hypocritical politicians, questionable military actions, shifting allegiances and a disputatious leadership: *Coriolanus* is a 17th century play with 21st century relevance. *Coriolanus*, the movie, starring Ralph Fiennes and Vanessa Redgrave, will be released in January 2012. During this course, we will read and discuss Shakespeare’s play, including the possibility of attending the movie should it be available locally at that time.

Day: Friday

Dates: 2/3,10,17

Time: 10:00 – 11:30 AM

Place: AU, Upland Center, Board Room, Rm. 227

Cost: \$35.00

Integrity, Responsibility and Leadership: New Insights from Penn State - 3 Weeks

Rosemary McFee, Mike Nerino, Guest Speaker

Great institutions can grow to become even better than they were before. When institutions endure painfully public incidents, they work to recover, reform and re-establish their foundation. The course provides a forum for critical thinking, ethical decision-making, and discussion.

Day: Friday

Dates: 2/17,24; 3/2

Time: 12:15 – 1:45 PM

Place: AU, Upland Center, Board Room, Rm. 227

Cost: \$35.00

△ A convenient shuttle is available from the Alvernia University Upland Center to the courses on the main campus.

MINI – COURSES

AARP Driver Education Safety Program - 1 Session

(class will be 4 hours)

Edith Bleichert

This course is designed for those who have taken an AARP course previously. You must bring proof of either course with you or an insurance statement indicating that you had a driver improvement course and have received your discount, together with the AARP membership card and driver’s license. Update driving knowledge, sharpen driving skills, help compensate for normal age-related physical change and drive more safely for years to come. Insurance companies should discount your premium upon completion of course.

Date: Friday, February 17

Time: 9:00 AM – 1:00 PM

Place: AU, Upland Center, Community Rm. 103

Cost: \$12.00 (AARP fee) If Non-Member of AARP \$14.00

AAA Driver Education Safety Program - 2 Sessions

(class will be 4 hours)

Edith Bleichert

The AAA Driver Improvement Program (DIP) presents the techniques, skills and information necessary to navigate in today’s traffic environment. Included are: Communicating, Seeing, Adjusting Speed, Margin of Safety, Driving Emergencies. Newcomers to the AAA program will take the 8-hour course.

A minimum of eight participants will be required. You must bring a Drivers’ license and a AAA membership card.

AAA Members will be charged \$15.00 Husband & Wife members will pay 2 for \$25.00

Non –Members will be charged \$25.00

To be paid in cash during the 1st session of the class.

Date: Thursday, February 23; Friday February 24

Time: 9:00 AM – 1:00 PM

Place: AU, Upland Center, Community Rm. 103

Cost: \$15.00 – one AAA member – \$25.00 Husband & Wife AAA member.

\$25.00 Non-member (to be paid in cash during the 1st session of the class.)

SENIORS COLLEGE CLUBS

Lunch Bunch Discussion Club

Every Monday

11:45 AM (lunch)—1:00 PM (program)

Alvernia University, Student Center Dining Hall/Seminar Rooms

Exceptions Listed Below:

January 16 —School closed

January 23—Monday - Sneak Preview of Upcoming Classes (Lunch 11:45 AM – SNEAK PREVIEW 12:45 PM)

Normal Lunch/Discussion times resume January 30th:

January 30 —“Revolutionary Refugees at Reading, Pennsylvania ... the elitist escape occupied Philadelphia in 1777” – Michelle Lynch, Trustee Historic Preservation Trust of Berks County

February 6 —“Universities and Community Engagement for a Sustainable Community” – Drs. Alicia Sprow & Spencer Stober

February 13 —“The Challenge of Collective Memory: Remembering the Dead since the Great War” - Dr. Kevin Donnelly

February 20 —“The Marsellis Shale – How Drilling for Natural Gas Could Affect Pennsylvania” - Pennsylvania State Representative Dante Santoni, Jr.

February 27 —“Natural Solutions to Arthritis” – Dr. Kyle Bieber, Chiropractor

Book Review Club

First Wednesday of every month begins January 4 – Call Dianne Walker - 610-582-4288

11:30 AM – 1:00 PM - Alvernia University Student Center, Private Dining Room

Review “The Immortal Life of Henrietta Lacks by Rebecca Skloot – Jan. 4

Review “Amsterdam” by Ian McEwen – February 1

Review “ A Northern Light” by Jennifer Donnelly – March 7

Alvernia Seniors Card Club

Each Monday beginning January 23. (School closed January 16) - Call Charlene Wilcox, 610-779-8210 or Dolores Noble, 610-779-1107

8:45 – 11:30 AM – Alvernia University Student Center, Crusader Café

Application & Registration — Mid Year 2012

Name (Dr./Mr./Mrs./Ms.):

Home Phone

Cell Phone

Email Address

Address:

City:

State:

Zip:

Course	Day	Time	Cost
Membership Fee			
<input type="checkbox"/> Basic \$50			<input type="checkbox"/> Basic PLUS \$100
<input type="checkbox"/> Friend \$150			
<input type="checkbox"/> Benefactor \$1,500			
			\$
Total Course Fees			
			\$
Total			
			\$

I understand that Alvernia University has no legal responsibility for my physical welfare while I attend Seniors College classes or events.

Please make check payable to Alvernia University and mail to:
Alvernia Seniors College • 400 Saint Bernardine Street • Reading, PA 19607