Alvernia Seniors College
Seniors College Administration
Dr. Juan Lewis, Director
Sally Reading, Administrator

Membership is open to individuals at least 65 years old who are interested in learning. Seniors College is a cooperative where members have an opportunity to support its objectives. Participating in the activities, planning committees or by simply attending as an interested audience. Members are also invited to attend Seniors College social events and activities.

Call 610-796-8357 for information on membership or activities.

Alvernia Seniors College members may take classes at any location. We reserve the right to cancel courses due to insufficient enrollment.

Administrative offices are open Monday through Friday, from 10:00 a.m. to 2:00 p.m. to keep membership current, regular mail includes membership expiration dates located above addresses’ names. Date do not appear above the name of inactive members.

Daytime Classes and Activities
Spring II
March 22 — May 14, 2010

610-796-8357
Or visit us on the website: www.alvernia.edu/seniorscollege

TUESDAY

Tuesdays from 10:00 a.m. to 11:30 a.m. in the Alvernia University, Upland Center, Room 229.

Bible Books Lost and Found: Lost Books of the Bible We Couldn’t Read…Until Now – 5 Weeks
Professor Thomas Bierowski, Ph.D.

This course will survey discoveries of documents that could have been books dating back to the New Testament period. You will examine the history of attempts to discover and gather these books in the form of written documents. The course will also put these documents in historical context: who wrote them, why they were written, and why they were lost.

Dates: 3/30; 4/6, 13, 20, 27; 5/4
Time: 10:00 – 11:30 a.m.
Cost: $45.00
Place: Alvernia University, Upland Center, Room 229

Yoga 101 – 6 Weeks
Cynthia Davenport

A class focusing on the basic postures and breathwork of yoga. This course will help members develop flexibility, muscle strength and core strength.

Dates: 6/16, 23, 30; 7/7, 14; 1/21
Time: 11:30 a.m. – 1:00 p.m.
Cost: $45.00
Place: Alvernia University, Upland Center, Room 227

American Women in History – 5 Weeks
Professor Thomas Bierowski, Ph.D.

This course will concentrate on the roles women played in shaping the history of the United States from the Revolutionary War to present day. The focus will be on women’s history, who they were, how they lived, and how they were redefined. We will also examine their role in world history.

Dates: 6/16, 23, 30; 7/7, 14
Time: 10:00 a.m. – 11:30 a.m.
Cost: $50.00
Place: Alvernia University, Upland Center, Room 227

Days of Wine and Roses are over! Let’s get back to the rich history of literature from the 19th and 20th centuries. This course will be a close reading of four exceptional examples of the short story genre. We will be covering the entire genre of fiction and using this approach to coming closer to God.

Dates: 6/16, 23, 30; 7/7, 14
Time: 11:30 a.m. – 1:00 p.m.
Cost: $40.00
Place: Alvernia University, Upland Center, Room 227

The Short Story: Four Curious Cases – 4 Weeks
Professor Barry Harvey

This class will be a close reading of four exceptional examples of the short story genre. We will be covering the entire genre of fiction and using this approach to coming closer to God.

Dates: 6/16, 23, 30; 7/7, 14
Time: 11:30 a.m. – 1:00 p.m.
Cost: $40.00
Place: Alvernia University, Upland Center, Room 227

WEDNESDAY

Most Court 101: Be a Participant: The Trial – 4 Weeks
Professor Daria LaTorre, Esq.

This class will be an interactive class. Groups will be assigned to play certain roles in the presentation of the trial.

Dates: 4/8, 15, 22, 29
Time: 10:00 a.m. – 11:30 a.m.
Cost: $35.00
Place: Alvernia University, Upland Center, Board Room 227

THURSDAY

Italian for Travelers – 4 Weeks
Professor Eva Weicker, M.D., MBA

Don’t leave home without this class! I will help you find your way around Italy with fluid Italian. You’ll learn all the basics from BUON GIORNO to ARRIVEDERCI and plenty more Italian in between..BUON VIAGGIO!

Dates: 4/12, 19, 26, 3/3
Time: 10:00 a.m. – 11:30 a.m.
Cost: $45.00
Place: Alvernia University, Upland Center, Board Room 227
## THURSDAY (cont.)

**Pampering for a Gold Writing Experience - 5 Weeks**

The class is open to persons who would enjoy writing short and long form poems and fiction. Through the 5-week period, the class will meet for 2 hours weekly. The class includes lectures, reading, discussion, and creative writing activities. Students are expected to read and discuss the chosen texts and write their own poems and stories. 

- **Time:** 2:00 – 4:00 PM  
- **Cost:** $120

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**MINI-COURSES**

### AARP Driver Education Safety Program

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<th>Course</th>
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<td>Basic</td>
<td>Thursday</td>
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<tr>
<td>Basic PLUS</td>
<td>Saturday</td>
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- **Cost:** Basic $50  
- **Benefactor:** $1,500

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**SENIORS COLLEGE CLUBS**

**Lunch Bunch Discussion Group**

- **April 26:** “The Sunshine Boys” – 9:45 AM – Hunterdon Hills Playhouse
- **May 3:** “Intercises: Appreciation Tea and Social

**Reading Group**

- **April 5:** Review “Killer Angels” by Michael Shaara – May 5
- **April 12:** Review “My Antonia” by Harriet Beecher Stowe – June 21
- **April 19:** “Midnight in Moscow:...”
- **April 26:** “A Physician’s Trip to Ethiopia” - Dr. Charles Barbera, Director, Emergency Department, Reading Hospital and Medical Center
- **May 3:** Instructors’ Appreciation Tea and Social
- **May 10:** “Carnival: What is it?” Prof. Carol Bliss

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**APPLICATION & REGISTRATION**

**Spring 2010**

**Application & Registration**

- **Due Date:** May 11
- **Address:** Alvernia University, Upland Center, Room 227

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**Mini-Courses**

### AARP Driver Education Safety Program

**1 Session Refresher Course (class will be 4 hours)**

- **Time:** 2:00 – 4:00 PM
- **Cost:** $12.00 (AARP fee) If Non-Member of AARP $14.00

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