



Daytime Classes and Activities

Fall

September 14 — November 23
2009

610-796-8357

Or visit us on the website:
www.alvernia.edu/academics/seniorscollege

Alvernia Seniors College

Seniors College Administration

Joan Lewis, *Director*
Sally Reading, *Administrator*

Membership is open to individuals age 55 and over with an interest in learning. Seniors College is a cooperative where members have an opportunity to support its objectives through participation on the advisory board, planning committees or by serving as course instructors. Members are also invited to attend Seniors College social events and activities.

Call 610-796-8357 for information on membership or activities.

*Alvernia Seniors College members may take classes at any location.
We reserve the right to cancel classes due to insufficient enrollment.*

Active membership extends one year from the time of payment. To assist individuals in keeping their membership current, mailing labels contain membership expiration dates located above addressees' names. Date do not appear above the name of inactive members. Annual membership categories are:

Basic Membership • \$50 annually

Basic Membership PLUS • \$100 annually

Friends • \$150 annually

Benefactor • \$1,500 (lifetime)

MONDAY

Pancake, Donut, and Pretzel: Poincare Conjecture and the Mystery of Space - 3 weeks

Dr. Bongrae Seok

Is the universe a huge pancake, donut or pretzel? Ever since the dawn of human civilization, many scholars have asked mind-boggling questions about the shape of the universe and the nature of space. What is the shape of the universe and the space we live in? Is the universe open ended or does it have boundaries? This is a course of imagination and fantasy in the spirit of Poincare whose conjecture (regarding the shape of the three-dimensional sphere) changed the history of mathematics.

Dates: 9/28; 10/5,12
Time: 10:00 - 11:30 AM
Place: Student Center/Seminar Rooms
Cost: \$35.00

Masterpieces of Western Music - 4 weeks

Dr. Rándel Wolfe

This lecture series will focus on the very best Western music and will raise two important questions: What makes these musical selections masterpieces? Why should this music be highlighted? The course will also highlight the lives of great Western composers and assist students to develop knowledge, understanding and appreciation of the music of the West.

Dates: 11/2,9,16,23
Time: 10:30 AM - 12:00 PM
Place: Upland Center, Board Room 227
Cost: \$40.00

Great American Women in History - 6 weeks

Hallie Vaughan

This course will concentrate on the roles women played in shaping the history of the United States of America. Great American women discussed in the course will include Abigail Adams, Eliza Pinckney, Elizabeth Blackwell, Eleanor Roosevelt, Sally Ride, and Babe Didrickson Zaharias.

Dates: 9/28; 10/5,12,19,26; 11/2
Time: 2:30 - 4:00 PM
Place: Upland Center, Community Room, Room 103
Cost: \$50.00

TUESDAY

Gangs: An Investigation of Gangs and Its Effect on the Community - 7 Weeks

Wynton Butler, Principal Reading High School; Tim Daley, Berks County Criminal Justice Program Director; Paula Freiwald, Rte. 222 Anti-Gang Corridor; Steve Harrity, Graffiti Abatement Coordinator; Lt. Steve Powell, Reading Police; Honorable Dante Santoni, Jr. PA State Representative; The Honorable Peter Schmehl, Jurist Berks County Courts

What is a gang? Where do gangs come from? Who joins a gang? What goes on in gangs? Why do gangs mark territory? Why are gangs dangerous? Should we get rid of gangs? Minimize the mystic and become armed with a comprehensive knowledge of gangs. When this course ends you will be better informed as a voter, community member and grandparent. You will also be empowered to do something about gangs because you will have the right knowledge. Two former gang members will offer reflections on their lives in gangs.

Dates: 10/6,13,20,27; 11/3,10,17
Time: 10:00 – 11:30 AM
Place: Upland Center, Board Room 227
Cost: \$60.00

On Keeping a Journal - 5 Weeks

Sister Christen Shukwit, OSF

Keeping a journal is a way to explore and deepen our experience of being alive. Journaling gives the opportunity to honor the lives we have led, meet a part of ourselves we may never have met before, and dream new dreams. No matter at what age we begin journaling, it can prove to be a life-changing experience. This course will be filled with endless suggestions for journaling and many opportunities to write, both in and out of class.

Dates: 9/29;10/6,13,20...11/3
Time: 1:00 – 2:30 PM
Place: Upland Center, Room 229
Cost: \$45.00

WEDNESDAY

You Be The Jury: Homicide 101 - 4 Weeks

Eleni Dimitriou Geishauser, Esquire

Utilizing a real fact pattern, the class will learn about each stage of a criminal homicide case from arrest to verdict. Participants in the class will serve as the jury.

Dates: 10/7,14, 21,28
Time: 10:00 – 11:30 AM
Place: Upland Center, Board Room 227
Cost: \$40.00

Personal Investments and the Financial Times of 2009-2010 - 3 Weeks

Kevin Calabria

Stocks. Bonds. Dividends. Annuities. What I have learned as a stock broker and investor over the last 20 years. And what I have really learned from my best friend, 97 year old Russ Bickel, who has 72 years of experience in the investment advisory business. Discussion will include the economic crisis of 2008-2009.

Dates: 11/4, 11, 18
Time: 10:00 – 11:30 AM
Place: Upland Center, Board Room 227
Cost: \$35.00

Jesus For A Post-Christian Culture - 5 Weeks

Rev. Elton Richards

We are living in a post-modern, post-Christian culture. How should Christians act? What language should we use? We will look at a ministry of Jesus Christ in Luke's travel narrative when he was in the alien culture of Samaria.

Dates: 10/21, 28; 11/4,11,18
Time: 11:30 AM – 1:30 PM
Place: Upland Center, Board Room 227
Cost: \$45.00

The Human Side of Immigration - 5 Weeks

Sister Jean Jacobchik, OSF

Statistics tell only a part of the story. Explore the personal stories, challenges and journeys of countless immigrants to the United States. Learn about women and children caught in the trap of human trafficking. Readings and DVD's will assist in telling their stories.

Dates: 9/30; 10/7,14,21,28
Time: 1:00 – 2:30 PM
Place: Upland Center, Community Room, Room 103
Cost: \$45.00

THURSDAY

Reading and Berks County in its Heyday (part two) - 7 Weeks

Geoff Bolt, Godiva; Cedric Elmer, Musician/Composer; Ted Hershberger, President Reading Aero Club; Jim Lewars, Administrator, Daniel Boone Homestead; Joe Stabler, Joanna Furnace; Carol Stoudt, Stoudt Beer; Barbara Sturgis, the oldest pretzel baker in the United States.

Our last course on the heyday of Reading, PA was so popular that we are extending it another semester. This time, we will focus on Godiva Chocolate, Joanna Furnace, the Aero Club, Daniel Boone Homestead, Stoudt Beer, Sturgis Pretzels, iron ore production, cannon ball making, the long rifle and much more. We need you to join this course as a participant so that you can share your memories of Reading's heyday.

Dates: 10/8,15,22,29; 11/5,12,19
Time: 10:00 – 11:30 AM
Place: Upland Center, Board Room 227
Cost: \$60.00

△ A convenient shuttle is available from the Alvernia University Upland Center to these courses on the west campus.

THURSDAY (cont'd)

Pennsylvania: How It Began and How It Changed - 4 Weeks

Dr. James Morrissey

This course will focus on the native populations of early Pennsylvania, their relationships with each other and with Europeans. Special attention will be given to Pennsylvania traders and settlers. We will conclude with the start of the Revolutionary War. Emphasis will be given to the spiritualities that affected the balance of power.

Dates: 10/22, 29; 11/5, 12
 Time: 11:30 AM – 1:00 PM Cost: \$40.00
 Place: Upland Center, Room 229

Myst-Taken Again: Mysticism Continued - 7 Weeks

John Kissinger

We will continue our discussion of mysticism and mystical religion by examining the lives and writings of five or six mystics, including Teresa of Avila, Conrad Beissel, Jacob Boehme, Hildegard von Bingen, and Eckhart Tolle, along with our usual diversions and illustrations.

Dates: 10/8, 15, 22, 29; 11/5, 12, 19
 Time: 1:30 – 3:00 PM Cost: \$60.00
 Place: Upland Center, Board Room 227

Introduction to PC - 7 Weeks

Walter Flatt

This Window-based computer course is for non-users, beginners and others wishing to increase their comfort with computers. It provides students with knowledge and experience in the use of personal computers, and offers instruction on the use of the Internet. The course will also introduce students to "Face Book," "Twitter," "Podcasts" and ""YouTube." Limit 15 students.

Dates: 10/1, 8, 15, 22, 29; 11/5, 12
 Time: 2:00 – 3:30 PM Cost: \$60.00
 Place: Bernardine Hall, Room 211

FRIDAY

"007": From Story to Silver Screen - 3 Weeks

Professor Tom Johnson

Discover the lives and personalities of fiction icon, James Bond, and his extraordinary creator, Ian Fleming. Where did Bond come from? Why is he involved in international espionage? How do women resist him? What about "M"? This course will study how great crime-fighting stories about "007" were made into all-time favorite movies? The first Bond film, Dr. No, will be a highlight to watch and discuss.

Dates: 10/9, 16, 23
 Time: 10:00 – 11:30 AM Cost: \$35.00
 Place: Upland Center, Community Room, Room 103

Opera Under the Microscope - 4 Weeks

Richard Evans

Learn about operatic overtures, preludes, and intermezzi. Discover what is meant by ensemble singing in opera. Observe the significance of ballet in operatic performances. The study of opera in this course will be based on recorded and video performances.

Date: 10/30; 11/6, 13, 20
 Time: 10:00 – 11:30 AM Cost: \$40.00
 Place: Upland Center, Community Room, Room 103

T'ai Chi - 7 weeks

Julia Carlson

Through clear step-by-step instructions begin to learn a short form of Yang style T'ai Chi and its basic principles. Practicing T'ai Chi can enhance balance, coordination and flexibility, and fosters many health benefits. Dress comfortably. Wear soft-soled shoes (or socks.)

Dates: 10/9, 16, 23, 30; 11/6, 13, 20
 Time: 10:00 – 11:00 AM Cost: \$60.00
 Place: Alvernia University Physical Education Center, Fitness Studio

Qi Gong (Chi Kung) - 7 weeks

Julia Carlson

Learn ancient Chinese practices that nourish and cultivate your body, breath, mind and spirit in a natural way. Connect with and increase your level of energy. Dress comfortably. Wear soft-soled shoes (or socks.)

Dates: 10/9, 16, 23, 30; 11/6, 13, 20
 Time: 11:15 AM – 12:15 PM Cost: \$60.00
 Place: Alvernia University Physical Education Center, Fitness Studio

Discovering Angelica Creek Park - 3 weeks

Alicia Sprow/Charlie Randazzo

Join us for a journey into the past, present, and future of Angelica Creek Park, a hidden gem in the City of Reading that is undergoing an amazing transformation that is sure to become a community treasure. This 3-week workshop will cover the history of the park, what is currently happening at the park, and what the future holds. The third session will take place at Angelica Creek Park for a guided tour and refreshments.

Dates: 10/16, 23, 30
 Time: 11:30 AM – 1:00 PM Cost: \$35.00
 Place: Alvernia University, Upland Center, 103/Angelica Creek Park

MINI-COURSES

AARP Driver Education Safety Program - 2 Sessions (each class will be 4 hours)

Edith Bleichart

This course is designed for those who have not taken the course previously. AARP members must bring membership card. Everyone must bring driver's license to class. Update driving knowledge, sharpen driving skills, help compensate for normal age-related physical change and drive more safely for years to come. Insurance companies should discount your premium upon completion of course.

Dates: Thursday, October 22 and Friday, October 23
 Time: 9:00 AM – 1:00 PM Place: Upland Center, Room 117
 Cost: \$12.00 (AARP fee) If Non-Member of AARP \$14.00

AARP Driver Education Safety Program - 1 Session (refresher course)

Edith Bleichart

This course is designed for those who have taken a course previously, either AARP or AAA. You must bring proof of either course with you or an insurance statement indicating that you had a driver improvement course and have received your discount, together with the AARP membership card and driver's license. Update driving knowledge, sharpen driving skills, help compensate for normal age-related physical change and drive more safely for years to come. Insurance companies should discount your premium upon completion of course.

Date: Friday, October 16
 Time: 9:00 AM – 1:00 PM Place: Upland Center, Room 117
 Cost: \$12.00 (AARP fee) If Non-Member of AARP \$14.00

SENIORS COLLEGE CLUBS

Lunch Bunch Discussion Club

Every Monday (begins September 28)
 11:45 AM (lunch) 1:00 PM (program) in the Student Center Dining Hall/Seminar Rooms.
 Exceptions are listed below:

Sneak Preview of Upcoming Classes

September 14 and September 21 - SNEAK PREVIEW of Upcoming Classes
 (Preview: 12:45 – 2:00 PM)

Classes Begin

September 28 - Tim Daley, Berks County CJ Program Director - Quality of Life Initiative
 October 5 - Adrian Grieve, Exec. Dir. American Red Cross - "Tragedies Around the World"
 October 12 - Amy Hein, RN, BSN, CIC, Infection Control Coordinator - "Swine Flu - Hype or Hip"
 October 19 - Dr. Kathleen Vivaldi, Audiologist - "Age-Induced Hearing Changes"
 October 26 - Dr. Laurence Mazzeno, President Emeritus, Alvernia University - "Shillington's John Updike: A Retrospective"

Book Review Club

First Wednesday of every month (begins September 2)
 11:30 AM – 1:00 PM - Alvernia University, Student Center, Seminar Rooms
 Review "Snow Falling on Cedars" by David Guterson

October 7
 11:30 AM – 1:00 PM - "The Great Gatsby" by F. Scott Fitzgerald,
 Guest Facilitator: Dr. Thomas Flynn, President Alvernia University

Third Monday bi-monthly (begins September 21)
 7:00 – 8:00 PM – Phoebe Berks Village, 1 Reading Drive, Wernersville
 Review "Loving Frank" by Nancy Horan

November 16
 7:00 – 8:00 PM – Phoebe Berks Village, 1 Reading Drive, Wernersville
 Review "Falling Leaves" by Adeline Yen Mah

Red Hat Society

A Society for women dedicated to a gathering filled with camaraderie, exploring new avenues of fun and entertainment, such as luncheons, shows, etc. It definitely affords an opportunity to wear a RED HAT AND PURPLE CLOTHING with panache! Call 610-779-6652 or 610-796-8357.

September 8th - 11:30 AM – 1:30 PM - Brown Bag Lunch, AU Comm. Rm. 103 - First Planning Meeting

September 9th - 10:15 AM Departure - Rainbow Dinner Theatre, Lancaster, PA "Uncle Chick's Last Wish"

November 11th - 9:15 AM Departure - American Music Theatre, Lancaster, PA "2009 Christmas Show". Lunch at Good & Plenty Restaurant

Seniors College Card Club

Each Monday (begins September 14)
 9:00 – 11:30 AM - Alvernia University, Upland Center, Lunch Room
 The card club will include bridge, pinochle, and other games.



Name (Mr./Mrs./Ms.): _____ Home Phone _____

Cell Phone _____ Email Address _____

Address: _____ State: _____ Zip: _____

Course	Day	Time	Cost
<input type="checkbox"/> Basic \$50 <input type="checkbox"/> Basic PLUS \$100			
<input type="checkbox"/> Friend \$150			
<input type="checkbox"/> Benefactor \$1,500			
Total Course Fees			\$ _____
Total			\$ _____

I understand that Alvernia University has no legal responsibility for my physical welfare while I attend Seniors College classes or events.

Please make check payable to Alvernia University and mail to:
 Alvernia Seniors College • 400 Saint Bernardine Street • Reading, PA 19607