Psychology & Counseling | Major

PROGRAM HIGHLIGHTS IN BRIEF

The Department of Psychology and Counseling at Alvernia University prepares students to study behavior and mental processes within an applied framework. This approach encourages students to integrate psychological research and theories with ethical practice and moral responsibility. The Psychology and Counseling Department instills in students the concept of service to diverse populations with an emphasis on human dignity.

ACADEMIC QUALITY

The department provides an environment that fosters the development of critical thinking skills for students in courses designed for Psychology majors and designed for both Psychology majors and non-majors. At Alvernia, students work one-on-one with dedicated faculty who will help develop a program tailored to students’ personal interests.

Psychology majors bring the discipline alive through hands-on service learning experiences. Students may find themselves evaluating a community agency treatment program or working directly with individuals with diverse disabilities. Faculty members connect students with professionals in the community who act as mentors while the students gain valuable work experience that often leads to employment.

STUDENT OPPORTUNITIES

Psychology related activities at Alvernia University extend beyond the classroom. Other avenues which allow students interested in psychology to get together to share common intellectual, recreational, professional and service interests are the Psychology Club and Psi Chi. The Psychology Club is a recognized organization of Alvernia's Student Government. Its membership is open to all members of the Alvernia community. The club sponsors lectures, career talks, get-togethers and service projects at area agencies.

Alvernia University has its own chapter of the National Honor Society in Psychology, Psi Chi. The criteria for becoming a member are available from the department. Psi Chi sponsors speakers on campus, organizes trips to psychology conventions and coordinates informal discussion groups centering around graduate work and careers in Psychology. Our students have had the opportunity to spend a semester in Washington D.C. through the Washington Experience program, working closely with policy makers and researchers.

CAREER OPPORTUNITIES

Alumni of the program have gone on to graduate education and/or have made successful careers in a variety of settings. Some recent graduates currently hold the following titles:

- Case Managers
- Intake Supports Coordinators
- Employment Counselors
- Clinical Assistants
- Psychiatric Assistants
- Therapists
- Directors
- Licensed Counselors
- Marketing
- Student Affairs in Higher Education
- Admissions Officer
Many graduates are completing their graduate level work at schools such as:

- Immaculata University
- Indiana University of Pennsylvania
- John Jay School of Criminal Justice
- Kutztown University
- Lehigh University
- Loyola University
- Marywood University
- Millersville University
- Minnesota State University
- Northern Illinois University
- Philadelphia College of Osteopathic Medicine
- St. Joseph's University
- Temple University
- West Chester University

**CURRICULUM OVERVIEW**

**Psychology Major Requirements** (44 Credits)

- PSY 101 Introductory Psychology
- PSY 208 Human Development Across the Life Span
- PSY 301 History and Systems in Psychology
- PSY 310 Experimental Psychology
- PSY 314 Counseling Theories and Techniques
- PSY 320 Research Methods in Psychology
- PSY 408 Senior Seminar
- PSY 412 Practicum I
- PSY 413 Practicum II
- PSY 422 Practicum I Seminar
- PSY 423 Practicum II Seminar
- 15 elective credits in Psychology

**Psychology Minor Requirements** (18 Credits)

- PSY 101 Introductory Psychology
- PSY 208 Human Development Across the Life Span
- PSY 215 Multicultural Issues in Psychology -OR-
- PSY 308 The Psychology of Gender
- PSY 309 Scientific Methods in Behavioral Science
- 6 elective credits in Psychology

**Emphases in Psychology**

Electives in Psychology may be fulfilled in one of the following emphases:

- General Psychology
- Counseling/Rehabilitation
- Forensic Psychology
- Sport Psychology

*Program requirements are subject to change. Contact your admissions counselor for the most up to date information.*

**CONTACT INFORMATION**

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